



**TERESA L. SHULDA**

PARTNER

WICHITA OFFICE

1551 N Waterfront Pkwy #100

Wichita, KS 67206

T: 316.291.9791

F: 866.347.5160

[tshulda@foulston.com](mailto:tshulda@foulston.com)

## PROFILE

---

Teresa Shulda, a partner in Foulston Siefkin's Employment & Labor Practice Group, has been litigating employment disputes and advising on workplace law matters for more than a decade. Based in the firm's Wichita office, much of Teresa's practice is focused on employer-side issues. She represents businesses that range from some of the city's largest corporations with thousands of workers around the globe to small, closely held businesses with fewer than 10 employees.

Known for her deep understanding of federal regulations as well as Kansas employment laws, Teresa is a powerful advocate for her clients – both in and out of the courtroom. She regularly defends employers against discrimination claims, including those involving age, race, religion, national origin, gender, or disability allegations. In addition, Teresa handles disputes related to wrongful termination, breach of contract, civil rights, and whistleblower retaliation claims. She is particularly well-versed in federal statutes such as the Family and Medical Leave Act (FMLA), Americans with Disabilities Act (ADA), Title VII, the Age Discrimination in Employment Act (ADEA), and Pregnancy Discrimination Act, as well as the Kansas Wage Payment Act.

Teresa represents clients in federal and state courts, in regulatory agency proceedings, and in alternative dispute resolution forums. In a widely publicized age discrimination suit, she worked on the Foulston team that obtained a decisive victory for her client when the jury rendered a defense verdict in less than two hours, ending a 10-year litigation that originated as a collective action. Her enviable track record also includes numerous summary judgments on behalf of clients, several of which have been confirmed by higher courts. Teresa has also achieved many successful outcomes for her clients who are defending charges of discrimination filed with the Equal Employment Opportunity Commission (EEOC) or the Kansas Human Rights Commission. An accomplished negotiator, she has secured highly favorable settlements for her clients that averted prolonged litigation.

Much of Teresa's practice includes advising clients on compliance-related issues and litigation-avoidance tactics. Working hand-in-hand with human relations departments, company owners, and in-house legal counsel, she crafts strategies that meet the company's goals and fulfill federal and state requirements. Because much of her early career was focused on employee representation, she applies her understanding of the workforce perspective when counseling employers.

Teresa is often asked to share her insights with human resources professionals and legal colleagues at seminars and meetings across the region. She serves as the co-editor of BLR's *Kansas Employment Law Letter* and frequently publishes articles and client alerts on timely topics and legal rulings.

### Education

- University of Colorado (J.D., 2002)
- University of Kansas (BA in Environmental Studies, 1994)
- Yale School of Forestry and Environmental Studies (Master of Forestry, 1997)

### Admissions

- U.S. District Court for the District of Kansas (2008)
- U.S. District Court for the District of Colorado (2002)
- U.S. District Court for the District of New Mexico (2006)
- Colorado (2002)
- Kansas (2008)
- New Mexico (2006)

## PRACTICE AREAS

---

- Employment & Labor
- Privacy & Data Security

## COMMUNITY INVOLVEMENT

---

- Boys and Girls Clubs of South Central Kansas, past Board Member

## RELEVANT EXPERIENCE

---

Associate – Modrall, Sperling, Roehl, Harris & Sisk, P.A., Albuquerque, NM, 2005-2007 Associate – Leavenworth & Karp, P.C., Denver, CO, 2002-2005

## PROFESSIONAL MEMBERSHIPS, AFFILIATIONS, AND HONORS

---

- Selected by peers for inclusion in The Best Lawyers in America® in the area of Employment Law – Management, 2017-2019
- Identified by Chambers USA as a leading lawyer in the United States in the area of Labor & Employment, 2017-2018
- American Bar Association
- Kansas Bar Association
- Kansas Employment Law Letter Co-Editor

## PRESENTATIONS

---

### 2018

- The Weinstein Effect: Addressing Sexual Harassment in Today's Workplace (Foulston Siefkin LLP, Employment Law Institute)
- Mental Illness in the Workplace: Staying Compliant with the FMLA and ADA (Foulston Siefkin LLP, Employment Law Institute)

### 2016

- In-House Counsel's Ethical Obligations Before and After a Cyber-Attack (Foulston Siefkin Ethics Seminar for Corporate Counsel)

### 2015

- Keeping the Company out of Hot Water: Conducting Effective Investigations (Foulston Siefkin LLP, Employment Law Seminar)
- "My Boss is Stressing Me Out" and Other Legitimate and Illegitimate Reasons Employees Request Time Off (Foulston Siefkin LLP, Employment Law Seminar)
- In-House Counsel's Ethical Obligations Before and After a Cyber-Attack (Foulston Siefkin Ethics Seminar for Corporate Counsel)

### 2014

- When the FMLA Gets Tough: Handling Complex Leave Scenarios (Foulston Siefkin LLP, Employment Law Seminar)
- Back to the FMLA Basics (Foulston Siefkin LLP, Employment Law Seminar)
- FMLA Basic (Foulston Siefkin LLP, HR Box Lunch Series)

### 2013

- In the Beginning – What HR Can Do to Ensure a Smooth and Legal Hiring Process (Foulston Siefkin, Employment Law Seminar)

**2012**

- Ten Things Employers Do That Drive Their Lawyers Crazy (Foulston Siefkin Employment Law Seminar)
- The Latest FMLA Cases (Foulston Siefkin Employment Law Seminar)

**2010**

- Leave Issues and the Difficult Employee. Intermittent Leave, Absenteeism, and Other Complicating Issues (Foulston Siefkin, Employment Law Seminar - Wichita)
- Too Much Information: The Dangers of Twitter, Facebook, and Other Social Media for the Workplace (Foulston Siefkin, Employment Law Seminar - Wichita)
- Leave Issues and the Difficult Employee. Intermittent Leave, Absenteeism, and Other Complicating Issues (Foulston Siefkin, Employment Law Seminar - Overland Park)

**2009**

- Getting to Know the New FMLA Regulations (Foulston Siefkin Employment Law Seminar)

**2008**

- HR 101: Intro to Employment Law (Foulston Siefkin Employment Law Seminar)

**PUBLICATIONS**

---

**2015**

- Make sure you're not singing the summertime blues  
-Lexology
- How will the Supreme Court's ruling on same-sex marriage impact Kansas employers?  
-Lexology

**2013**

- Poor performance is valid reason for firing despite leave request  
-Kansas Employment Law Letter
- Employee's workers' comp claim hasn't raced its last lap yet  
-Kansas Employment Law Letter
- FLSA liability: It can get personal  
-Kansas Employment Law Letter

**2012**

- Don't judge a crook by his cover  
-Kansas Employment Law Letter, Vol. 19, No. 4

**2011**

- Wrong number - please try again  
-Kansas Employment Law Letter
- Oh baby! Employee's pregnancy bias claim fails to bear fruit  
-Kansas Employment Law Letter
- Employee's Failure to Cooperate Spells End of Harassment Claim  
-Kansas Employment Law Letter

#### **2010**

- Who's in charge? Court holds that FedEx drivers are not employees  
-Kansas Employment Law Letter, Vol. 17, No. 7

#### **2009**

- EEOC flexes its muscle on inflexible leave policies  
-Kansas Employment Law Letter

#### **2007**

- Postal Service Delivers With Direct-Threat Defense  
-Kansas Employment Law Letter

### **ISSUE ALERTS**

---

#### **2015**

- How Will the Supreme Court's Ruling on Same-Sex Marriage Impact Kansas Employers?